



littleMORE™
... and a lot more !

Presents

9th Annual Report



April 2017 to March 2018

About Us



Mrs. Leena Pawar

The concept of littleMORE was conceived out of personal experience of our core founder, Mrs. Leena Pawar who was diagnosed with Acute Myeloid Leukemia (AML).

During her several visits at the Tata Memorial Hospital (TMH) Mumbai, the plight of patients and their families was heartbreaking. She noticed that a lot of these patients were from lower socio-economic segments of society, struggling to meet their medicinal, boarding needs / expenses and young children missing crucial school lessons.

Fortunately, Mrs. Pawar was no ordinary patient. She chose not to wallow in self-pity over a bad hand dealt by life. In spite of her personal grievances that accompany cancer treatment, she felt absolute compassion for those around her.

She decided to help and support the needy by launching the NGO

littleMORE™
... and a lot more !

Our Mission

Art - Nurturing art forms

Research - Making significant contributions

Education - Transforming education by integrating technology

Civic Initiatives - Taking civic initiatives to restore Mumbai's health & vitality

Our Vision

littleMORE envisions to challenge the socio-economic inequalities and enable the vulnerable sections of the society towards the goal of self-reliance through education, research, arts and civic initiatives

Our Values

Safety: Safety of the stakeholders

Agility: Responsiveness and being proactive, achieved through collaboration and empowering the community

Care: Care for our community

Respect: Treat all stakeholders with respect and dignity

Ethics: Achieve the desired outcomes through Integrity and mutual Trust

Diligence: Do everything (set direction, deploy actions, analyse, review, plan and mitigate risks, etc.) with a thoroughness that delivery, quality and excellence in all areas, and especially in operations, execution and growth.

Our Activities - April 2017 to March 2018

Edutainment Program

Every year from November to March, this program is implemented at the pediatric department of Tata Memorial Hospital (T.M.H.) helping young patients with their education, it's activity based learning.

Birthday Celebrations

Supporting pediatric birthday celebrations by distribution of Goodie Bags at T.M.H..

Cancer Awareness Programs

in educational institutes / corporate / housing complexes, to dispel myths about cancer as a disease

Moral Support

to patients' / caretakers at T.M.H. facing problems in various day-to-day needs

Anaaj Daan

Distribution of food grains on the fifteenth day of every month (rice, wheat, flour, sugar, tur daal, cooking oil, salt) at T. M. H.

Platelet Donation Appeal

Awareness Camp

Cancer Patient Counselling Meeting

For the Bone & Soft Tissue department of T.M.H., with the support of doctors and hospital staff: guiding the patients / caretakers of the existing hospital system e.g. available financial support / accommodation facilities etc, OPD functioning with the treatment duration which depends on individual patient prognosis, the how to incorporate daily healthy diet followed with importance of physiotherapy sessions post surgery etc. Meeting every month on second Tuesday for patients undergoing treatment at T.M.H

Goodie Bags Distribution

Celebrating advent of monsoon and Diwali, the festival of lights with entertainment program, along with Goodie Bags Distribution, with essential utility items to T.M.H. patients

Joy of Giving

Corporates like Tata Motors, Home makers from housing complexes come together to collect & distribute goodies or gifts to the cancer patients.

Free Entertainment Program

littleMORE celebrated its Annual Day at Veer Savarkar Smarak Auditorium, Shivaji Park. It was a power packed performance by 40 young dancers, conceptualized and designed by Smt. Rupali Desai, founder, Sanskruti Nritya Kalamandir.

Nutritional Support to Tuberculosis patients

The primary goal of the supplemental nutrition support is to introduce calorie dense foods, particularly those high in protein, to the diet of tuberculosis patients which in turn ensure treatment success.

Patient Navigation & Moral Support at Urology Disease Management Group (D.M.G.)

During O.P.D. days at T.M.H

Medicine Compliance

The pediatric patients visiting the Hemato-Lymphoma O.P.D. of T.M.H. interact with the volunteers and share the dosage of drugs taken by them which is systematically incorporated in the prescribed format and shared with the OPD doctors this in turn helps in finding out any patients taking the wrong chemotherapy dosage and saving the OPD doctors time.

Financial Support

Identifying 20 patients every month, to receive a donation of Rs. 5000, in the general category, undergoing treatment at T.M.H.

Educational Sponsorship

Identifying deserving cancer patients and extending financial support to those patients who intend to complete their school or higher studies in private educational institutes

Our Acitivity Photos



Goodie Bag distribution



Eduainment classes at T.M.H.



Celebrating pediatric patient birthdays



Distribution of Nutritional powder to T.B. patients



Free screening for Hepatitis A & B



Distribution of foodgrains to cancer patients

Piramal Foundation - Employee Engagement Program



Mr. Krishnan Moorthy & Ms. Trupti Bhavane, Champion For Change (C.F.C) from the foundation

Volunteers segregating various goodies that are being put in the goodie bags to be distributed to the patients



Volunteers packing different goodie in littlemore bags to be distributed

Team of volunteers from piramal foundation



littleMORE™
... and a lot more !

Annual Day Program 8th October 2017



Releasing the 8th Annual day souvenir of littleMORE from L to R: Smt. Ggargi Ffarid, Nriyangana Smt. Rupali Desai, Shri Anil Gangar Chairman Apna Bazaar Co-op. Dept. Store, Smt. Chinmayee Sumeet noted marathi actor, Dr. Jitendra Dixit Head of Global Clinical operations of Johnson & Johnson, Ms. Gitaali Pawaar, Shri Chetan Savla



The program was conceptualized and designed by Smt. Rupali Desai, founder of Sanskruti Nritya Kalamandir. It was titled as NRUTYANUBHUTI, to celebrate the beauty of Indian Classical Dance form-Kathak along with various folk dance forms.

The highlights of the power packed performance by 40 young dancers included:

SHYAMARANGA
dance combinations based on

- Krushna Stuti • Hori
- Ashtapadi • Raasnritya
- Gatabhav • Bhajan • Thumri

NRITYA VIVIDHA,
included Folk Dances like

- Bihu • Lavni • Takla • Gondhal
- Western Dance forms
- Classical & Contemporary Fusion

Annual Day Program



From L to R: Mr. Chetan Savla (trustee littleMORE), Mrs. Chinmayee Sumeet (noted marathi actress)

From L to R: Mr. Chetan Savla (trustee littleMORE), Dr. Jitendra Dikshit (Head of Global Clinical Operations of Johnson & Johnson), Mr. Anil Gangar (Chairman Apna Bazaar Co-op. Dept. Store - winner of Jammalal Bajaj Consumer Award 2017)



From L to R: Mrs. Ggargi Ffarid (trustee littleMORE), Ms. Gitaali Pawaar (trustee littleMORE), Mr. Sanjay Pawar (President Dhar Pawar Kshatriya Samaj), Mrs. Tejal S. Pawar, Mr. Kundan Pawar (Senior Project Manager Johnson & Johnson)

From L to R: Mr. Chetan Savla (trustee littleMORE), Mrs. Rajul S. Desai (BJP Corporator ward 56) Mr. Sameer Desai (BJP, Secretary Mumbai), Dr. Jitendra Dikshit



Annual Day Program Photos



In the memory of our Founder Donor we announce the
Shantaram Pawar Smriti Puraskar



Shantaram Pawar

17th Aug. 1936 to 9th Aug. 2018

If there is one thing that distinguished Pawar Sir as a creative person, it is that he was an **Ashtapailu** somebody who excelled in many fields. He was a painter, an illustrator, a poet, a typographer, a calligrapher, a muralist, a theatre set designer, a visualiser and a designer.

The award instituted in his name is to encourage creative people aged roughly between 30 and 45, would need to measure up to these two yardsticks.



They would have to be reasonably successful in their career with a potential to excel in their chosen fields.

They would be primarily chosen from the field of arts, but with additional visible talent in the field of either literature, music, theatre or film.

Hope this award encourages people to explore the many many avenues of creativity.

Our Supporters

- Smt. Chinmayee Sumeet • Smt. Rupali Desai • Dr. Jitendra Dixit
- Shri Anil Gangar • Mr. Sanjay Pawar • Mrs. Tejal Pawar
- Mrs. Rajul S. Desai • Mr. Sameer Desai • late Dr. Avinash Karande
- Prof. Mahesh Deshpande • Prof. Ashutosh Saxena

Our Associates



Our Core Team

- Ms. Gitaali Pawaar • Mr. Chetan Savla • Mrs. Gargi Farid
- Mrs. Jyoti Savla • Mr. Varun Patil • Mrs. Gauri Patil

Our Individual Volunteers

Ashutosh Mandal, Amul Malsure, Asha Mehta, Anirudh Narayan, Alkesh Mansukh, Avinash Tripathi, Aamina Sharreef, Arya Karande, Aditi Tirodkar, Amal Mane, Arpit Diwa, Arhaan Shah, Arpita Shah, Aastha Doshi, Apurva Mandlik, Anagha Setty, Anjali Jha, Apurva Deshpande, Anagha Kumar, Aditya Shirke, Avirat Belekar, Abhishek Gadkari, Aditi tirodkar,

Preet Shah, Pravein Kinkar, Pravin Chavan, Pratik Kadam, Purna Mehta, Prachi Tirodkar, Parita Shah, Pallavi Furia, Payal Mehta, Prachi Tirodkar, Poonam Khamkar, Rucha Bambulkar, Rohan Joshi, Riya Mishra, Raghavendra mahabaleshwarkar, Rohit Patil, Sandeep Tamhane, Seema Gurkar, Srabani Mukherjee Sharatchandra Shirali, Sunita



Deepak Mane, Dhiraj Naik, Darian Alvares, Gladys Shiralkar, Gaurang Patil, Hemakshi Koti, Harsh Garg, Indu Mota, Jayashree K., Jinisha Koti, Krishnan Moorthy, Kritika Singh, Kiran Chedda, Karan Bandal, Manini Gnaguly, Mandar Parab, Madhav Prabhu, Mahalakshmi Iyappan, Mukesh Kurkure, Manisha Sawant, Maryam Shareef, Megha Dabir, Mayank Shah, Manisha Sawant, Maitreyee Sangsiri, Komal Kochrekar, Narendra Nadkarni, Nida Andleeb, Neha Warick, Nikhil Joshi, Nupur Harmalkar, Nishita Kochrekar, Padmaja Narayanan, Prasanti Syam Babu,

Pathare, Late Sushma Gala, Snehal Narsale, Shweta Poojari, Smitha Sasidharan, Supriya Mohan Londha, Shridhar Masurkar, Shankar Mudliya, Sarvesh Shetye, Sarvesh Ambolkar, Smita Naik, Sneha Kavi, Swati Kotai, Shivani Hajare, Shashank Pardeshi, Salman Khan, Samit Jain, Sarvesh Ambolkar, Sagar Bandagale, Siddhi Patil, Surabhi Hindlekar, Sarvesh Shetye, Swapna Bandal, Sujata korde, Smita Naik, Trupti Bhavale, Tejas Pednekar, Tejas Madhavi, Uma Sankar Panda, Vijaylaxmi Rajan, Vikrant H. Kale, Vidhi Savla, Viraj Palkar, Yash Sheregare, Yogesh Raut,

Sanjay S. Deshmukh
I.A.S.

Addl. Municipal Commissioner



Office of the Addl. Municipal Commissioner,
Municipal Head Office, Annex Building,
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D O No. : *Ho/NCD/187/Dt: 28/01/15*

Date : *28/01/2015*

Dear Ms. Gitali Pawaar,

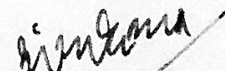
The Municipal Corporation of Greater Mumbai has launched a campaign on healthy living "Swasthya mein hai Swaad" on the eve of World Diabetes Day 2014. Under the campaign, the focus was creating awareness amongst citizens on healthy eating & exercise. In this endeavour, MCGM had sought collaboration with NGOS/ institutions that would support the campaign to take it to the common man.

It gives me immense pleasure to bring on record that the documentary film prepared by your organization has effectively translated the objective of the campaign & has helped to reach to the masses.

We would like to thank "littleMORE" for their support in the making of this film & being partner with MCGM in this campaign. We really appreciate the efforts & prompt response of your organization in successfully implementing this campaign.

We look forward for future collaboration in this social cause.

With Best Regards,


(Sanjay Deshmukh)

To

Ms. Gitali Pawaar,
Founder Trustee,
littleMore

Way forward

littleMORE plans to start a care center for the old and the elderly who can spend stress-free time with their companions.

littleMORE wants to expand its activity to not only caring for cancer patients but also diabetics and tuberculosis patients.

As Ronald Reagan says, “We can’t help everyone, but everyone can help someone.”

We see a change in today’s generation. We require a good lifestyle for which we are earning loads of money but we forget that we need good health and inner peace too. If every individual allocates 4 hours in a week to a community project, helps needy people around, then the world would be a better place to live.

Everybody wants to change the world but nobody wants to change themselves. If we start thinking that all of us are responsible for each other individually and collectively, we can succeed in working for social initiatives, by donating to the right causes, your time and money.

Promise yourself to spread love...a littleMORE..and Lot more!

Promise yourself to make this world a better place to live
a littleMORE ..and lot more!

Ways To Support Us

1. Financial Support

- i) Emergency Funds for Treatment- this would cover the initial investigation and treatment expenses for needy cancer patients
- ii) Adopt a child suffering from cancer and support the yearly school / college / private tuition fees

2. Support Nutrition, Daily essentials items & Nutritional counseling

- i) For Leprosy patients to provide nutritional & day to day essential goods.
- ii) For Tuberculosis patients in a specific Mumbai municipal health post along with Nutritional counseling
- iii) Donate diapers, medicines to cancer patients

3. Support For Activities

- i) Celebrating Birthdays
- ii) Anaj Dan
- iii) Goodie bag distribution
- iv) Entertainment program
- v) Health awareness sessions
- vi) Edutainment classes
- vii) Patient support meetings

4. Human Resource & Research

- I) Donation towards hiring personnel who will offer navigation and moral support to patients
- ii) Donation to conduct research in projects aligning to our Mission & Vision.

5. Become a Volunteer

Financial Support

Donations can be given by cheque in favour of 'little more'

Account Name : Little More

Bank Name: HDFC Bank

Branch: Dindoshi Goregaon East Mumbai

Account Number: 02121450000412

RTGS/NEFT IFSC: HDFC0000212

Donations are eligible for 80G exemption, Donors are requested to provide their contact details and a copy of their PAN card to process the same.

Contact Details

Gitaali Pawaar

Email: gitaali.pawaar@littlemore.org.in
gitaalipawaar@gmail.com

Mob: +91 9833985182

Website: www.littlemore.org.in

Facebook: facebook.com/ngo.littlemore

YouTube: @littleMORE NGO

Instagram: @littlemorengo

Twitter: @littleMORE_ngo

LinkedIn: linkedin.com/in/littlemorengo